

# **MOST NEEDED ITEMS**

All most needed items are nonperishable. No glass or bulk items, please.

For more information on donating or hosting a drive, visit:

https://northshorefoodbank.org/donate-food

# LOW SODIUM OR NO SALT ADDED

Soups Veggies Canned Beans

# LOW SUGAR OR NO SUGAR

Tomato Sauce
Canned Fruit
(in juice or water)

# ST TAMMANY CANCER CENTER THERAPEUTIC-FOOD PANTRY

Grits
Tortillas
Crackers
Pasta Sides
Instant Potatoes

### KID FRIENDLY ITEMS

Ravioli
Peanut Butter
Macaroni & Cheese

# **WHOLE GRAINS**

Instant Oatmeal
Instant Brown Rice
Whole Wheat Pasta
Unsweetened Cereal

# **PANTRY STAPLES**

Broth
Dry Beans
Cooking Oils/ Olive Oll
Corn Muffin Mix

# **PAPER PRODUCTS**

Tissues Toilet Paper Paper Towels

### **HYGIENE**

Soap
Razors
Shampoo
Conditioner
Toothbrushes
Toothpaste

### **CANNED MEATS**

Tuna Salmon Chicken

**Prefer to donate funds? Visit:** 

https://northshorefoodbank.org/donate-funds Checks can be made out to Northshore Food Bank and sent to 125 W 30th Ave, Covington, LA 70433

Contact Sarah Herndon
Development Associate
985.893.7445 sherndon@northshorefoodbank.org

# We're Hosting A Food Drive!

Please donate some of the following needed items.

**Benefitting:** 

Collection Dates:



Drop Off Location:

**Contact:** 

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www.northshorefoodbank.org \* 125 W 30th Ave, Covington LA



# PLEASE DONATE FOOD ITEMS HERE!

Thank you for your support!

